



ExperiencingHisVictory.com

Eight Steps to Experiencing His Victory Workbook

DR. TERRY L. TUINDER

Eight Steps to Experiencing His Victory Checklist

Step 1 - Examine Your Relationship with God

“ . . . Believe in the Lord Jesus, and you shall be saved . . . ” (Acts 16:31)

“ . . . Repent and let each of you be baptized in the name of Jesus Christ, and you shall receive the gift of the Holy Spirit.” (Acts 2:38)

- ☐ Do you have a personal relationship with Jesus Christ?

You are not born a Christian. In order to follow Christ you must recognize your sin, repent, and turn from that sin to God. It is not just acknowledging that Jesus is Lord, but entering into a personal covenant with Him and trusting Him to save you.

- ☐ Is there any area of your life where you are walking in willful sin against God?

God cannot bless sin in your life. Sin always brings death. If you desire to experience God's victory, you must be willing to repent and turn from your sin to God. You cannot raise your hands in victory, when they are bound with chains of sin. Use the remaining steps to deal with any areas of sin that need to be addressed in your life.

Step 2 - Ask God for Revelation

“ . . . we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding, so that you may walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God” (Colossians 1:9-10)

“My sheep hear My voice, and I know them, and they follow Me.” (John 10:27)

- ☐ Ask God to show you if there are any patterns or tendencies to sin in your life that come from your family line. Remember to consider both sides of the family.

Your family environment has a great impact upon your life. Some common patterns to look for are fear, pride, greed, lack, anger, addictions, sorrow, competition, and shame. Ask the Lord if there is a family pattern that is affecting you.

- ☐ Ask God to show you if there is any area of sin in your life that you are unaware of that He wants to help you overcome.

God doesn't show us our sin to condemn us. He shows it to us so that we can turn to Him and be free from it. Jesus died to set you free from the bondage of sin. He is the only one who can bring you the freedom you desire.

- ☐ Ask God to show you any lie (ungodly belief) that you are believing that does not line up with His truth.

You cannot walk in God's truth if you are believing a lie. Often you are unaware of the lies that are running through your head each day. They are such a normal part of your life that you don't even realize you are thinking them. Ask the Lord to show you a lie that is negatively influencing your life. Then ask Him to show you His truth.

- ☐ Ask God if there is any past hurt that He wants to heal in your life.

You may be totally unaware of how past hurts are affecting your life today. The Lord knows all that has taken place in your life. Ask Him if there is a wound that He wants to heal. Hiding or continually rehearsing our hurt does not make it go away.

- ☐ Ask God if there is anyone you need to forgive.

Unforgiveness hinders your relationship with God and others. Ask the Lord if there is someone you need to forgive. When you forgive, you are letting the person go and trusting God will take care of justice. Remember that God will give you strength and grace to forgive those who hurt you.

Step 3 - Take Responsibility for Your Own Actions

"Against You, You only, I have sinned and done what was evil in Your sight" (Psalm 51:4)

- ☐ What part do you play in the situation?

It is easy to point fingers at others and blame them for the way you are acting. Take a moment and recognize that you are choosing the way you are responding. Take responsibility for what you are doing. Refuse to blame others for your sin.

- ☐ What do you need to take responsibility for in your reactions to the situation?

If you blame someone else for the way you are, you will never change. It is only as you take responsibility for your actions that you can begin the process of change. If you own it. You can change it.

Step 4 - Repent and Turn to God

“. . . that they should repent and turn to God, performing deeds appropriate to repentance.” (Acts 26:20)

“Repent, therefore and return [to God], that your sins might be wiped away, in order that times of refreshing may come from the presence of the Lord.” (Acts 3:19)

- ❑ Make a choice to agree with God’s truth.

Repentance means having a change of mind resulting in a change of action. The ultimate question is, “Does what I am doing or thinking line up with God’s truth?” If not, you must determine to choose God’s way, even if what you are doing is socially acceptable. God’s word is your ultimate guide.

Repentance means that we accept and come into agreement with what God says. Repentance is, as one author put it, “the ‘about-face’ of a new commitment.” It is where we reject our own thoughts about what is right and wrong and choose to believe what God says is true.

Step 5 - Renounce and Turn from Sin

“But we have renounced the hidden things because of shame, not walking in craftiness or adulterating the word of God, but by the manifestation of truth commending ourselves to every man’s conscience in the sight of God.” (2 Corinthians 4:2)

- ❑ Formally reject any thoughts or actions that do not line up with God’s truth.

According to Webster’s Dictionary, to renounce something means “to say in a formal or definite way that you refuse to follow, obey, or support (someone or something) any longer.” When you repent (change our mind) to accept God’s truth, you also need to renounce (formally reject) the lies or actions you have turned from.

Step 6 - Let Jesus Restore Your Soul

“. . . He has sent me to bind up the brokenhearted . . .” (Isaiah 61:1)

“Surely our griefs He Himself bore, and our sorrows He carried . . .” (Isaiah 53:4)

“You know of Jesus of Nazareth, how God anointed Him with the Holy Spirit and with power, and how He went about doing good, and healing all who were oppressed by the devil; for God was with Him.” (Acts 10:38)

- ☐ List the feelings and emotions you are experiencing in the situation.

Think about the situation(s) where you were wounded. List the feelings and emotions you are experiencing. Are you feeling unloved, angry, fearful, confused, betrayed, or abandoned? Put your own words to what you are feeling.

- ☐ List the thoughts that are going through your mind because of the situation. Some examples are, "I'm unlovable." "I'm dirty." "I deserve it." "Nobody cares." "I'll never trust anyone again."
- ☐ Give Jesus every painful feeling and emotion from the situation.

Go through your list of feelings and emotions and give them one by one to Jesus. Say something like, "Jesus, I give you this feeling of fear." Make sure you release each one totally to the Lord. If you need to forgive the person for hurting you, do so now.

- ☐ Ask Jesus to heal your broken heart.

Once you have given every feeling and emotion to Jesus, ask Him to heal every place in your heart affected by this situation. Open your heart to Him and receive His healing.

- ☐ Repent of and renounce any ungodly beliefs.

Go through your list of ungodly beliefs one by one. Repent for believing them. Renounce the lie. Ask God for His truth. Embrace God's truth. Write down the truths God shows you and review them over the next 30 days.

- ☐ Make sure you are completely healed.

Once you have completed the above steps, think back through the situation. Are you still experiencing any negative emotions. If so, go through the steps above for any remaining feeling until every issues is dealt with. If not, then thank the Lord for healing your broken heart.

Step 7 - Repulse the Enemy

"Behold, I have given you authority to tread upon serpents and scorpions [metaphors for the demonic realm], and over all the power of the enemy, and nothing shall injure you."
(Luke 10:19)

"Submit therefore to God. Resist the devil and he will flee from you." (James 4:7)

Repulse - "to force (someone) to stop attacking you" (Merriam-Webster Dictionary)

- ❑ Stand in your authority as a believer.

Jesus has given you authority over the enemy. It is time to stand in the power of God and resist the devil's work in your life. To repulse the devil means to drive him back by force. You do this in the power of Jesus's name. Remember James tells us to submit to God.

- ❑ Resist the devil and he will flee from you.

Speak directly to the enemy and command him to leave your life. Say something like, "Spirit of fear. I command you to leave my life in the name of Jesus." You may feel resistance, but stand firm and continue to command the spirit to go until it leaves. Remember James tells us that if we resist the devil, he will flee.

Step 8 - Receive God's Blessing

" . . . giving them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a spirit of fainting. So they will be called oaks of righteousness, the planting of the Lord, that He may be glorified." (Isaiah 61:3)

"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ," (Ephesians 1:3)

- ❑ Ask God what blessing He wants to give you in place of things you experienced.

God has provided you with every spiritual blessing through the death and resurrection of Jesus Christ. Ask the Lord what blessing He desires to give you to replace the things you have just given Him.

For example, in place of fear the Lord might say I am giving you peace. He might remind you of 2 Timothy 1:7 and say that He is giving you power, love, and a sound mind. Let Him speak to you about how He desires to bless you.

- ❑ Receive God's blessing

Open up your heart and receive all that God has for you. Write down the blessings God wants to give you and recite it multiple times a day for the next 30 days.