

A Prayer to Demolish Strongholds

For the weapons of our warfare are not of the flesh, but divinely powerful

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Father, I thank you for _____. I pray that You would give her a spirit of wisdom and revelation in the knowledge You.¹ I ask that You would open the eyes of her heart and enlighten her to know the hope of Your calling and the riches of the glory of Your inheritance in the saints.²

God, I thank you for the freedom You are giving _____ as You are transforming her from glory to glory into Your image through the power of the Holy Spirit.³ I thank You for transforming her by the renewing of her mind.⁴

In the name of Jesus, I cast down every lofty thing in _____ mind that would exalt itself against a true knowledge of You⁵ and replace it with increasing knowledge of Yourself.⁶ May every stronghold of the false speculations of man be destroyed⁷ and be replaced by the truth of the gospel that manifests the power of Your salvation.⁸

I pray that _____ would take every thought captive to the obedience of Christ⁹ and be anxious for nothing but instead pray with thanksgiving to You.¹⁰ May her mind dwell and think upon whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, and is excellent and worthy of praise.¹¹

I ask that _____ be strengthened with power through the Holy Spirit in her inner man so she might be rooted and grounded in love.¹² May she comprehend what is the breadth, and length, and height, and depth¹³ and be filled up to the fullness of You.¹⁴

I pray that she would take up Your full armor (the belt of truth, the breastplate of righteousness, feet shod with the preparation of the gospel of peace, the shield of faith, and the sword of the Spirit) to stand against the schemes of the devil.¹⁵

May she be strong in You and in the power of Your might.¹⁶ May she know the surpassing greatness of Your power according to the working of the strength of Your might¹⁷ and so be strengthened with all power according to Your glorious might.¹⁸

May she experience the love of Christ which surpasses knowledge.¹⁹ and be filled with the knowledge of Your will all spiritual wisdom and knowledge.²⁰ May her love abound more and more in real knowledge and discernment, so she might approve those things that are excellent.²¹

May Christ dwell in her heart by faith²² so she might experience Your peace that passes all understanding.²³ I pray that she might walk in a manner worthy of the Lord:²⁴ sincere and blameless.²⁵ pleasing You in all respects,²⁶ bearing fruit for every good work,²⁷ attaining steadfastness and patience,²⁸ proving Your good, acceptable, and perfect will for her life.²⁹

¹Eph. 1:17, ²Eph. 1:18, ³2 Cor. 3:17-18, ⁴Rom. 12:2, ⁵2 Cor. 10:3, ⁶Col. 1:10, ⁷2 Cor. 10:3, ⁸Rom. 1:16, ⁹2 Cor. 10:3, ¹⁰Phil. 4:6, ¹¹Phil. 4:8, ¹²Eph. 3:17, ¹³Eph. 3:18, ¹⁴Eph. 3:19, ¹⁵Eph. 6:11-17, ¹⁶Eph. 6:10, ¹⁷Eph. 1:19, ¹⁸Col. 1:11, ¹⁹Eph. 3:19, ²⁰Col. 1:9, ²¹Phil. 1:9-10, ²²Eph. 3:17, ²³Phil. 4:7, ²⁴Col. 1:10, ²⁵Phil. 1:10, ²⁶Col. 1:10, ²⁷Col. 1:10, ²⁸Col. 1:11, ²⁹Rom. 12:2